

## **IMPACT OF MENTAL HEALTH ON JOB INVOLVEMENT IN NURSING PERSONNEL**

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### **ABSTRACT**

Development is a continuous process headed towards perfection in different spheres of life. The ultimate goal of these spheres is to improve one's quality of life, which is deeply related to the socio cultural factors. These socio cultural factors play a major role in the healthy personality development of an individual. Mental health has been considered by many scholars as a part of healthy personality and by others as closely associated with healthy personality, The concept of mental health and well being has a long development-process starting with the "mental illness" from the dark age of the barbarianism going through humanitarian enlightenment and ultimately reaching the modern scientific level. The ideal mental health includes intelligence intellect, wisdom, etc. The pursuit of materialistic philosophy has caused mental trouble some in human life today. The entire structure of the health life seems to be in doldrums. Today everyone feels that he is mentally mal-adjusted in the environment, his needs are not properly met, means of recreation are denied to him He encounters unsympathetic social attitude. Under these circumstances the idea of keeping good mental health, remains a distant dream. Life itself has become a challenge. Economic disparities, atomic adventures, political rivalries, and even sports competitions are impinging upon the mental health of almost everyone. Man's mind is subjected to severe stresses and strains.

**KEYWORDS:** Impact of Mental Health on Job Involvement in Nursing Personnel